

Filling Words with Light – Hasidic and Mystical Reflections on Jewish Prayer  
by Lawrence Kushner and Nehemia Polen. Jewish Lights Publishing 2004.

My People's Prayer Book, vol. 8, Kabbalat Shabbat  
(Welcoming Shabbat in the Synagogue) edited by Rabbi Lawrence A. Hoffman.  
Jewish lights Publishing 2004.

*Filling Words with Light* is an anthology of the best of Rabbis Kushner and Polen's Hasidic and Mystical commentary found in the series My People's Prayer Book. Although these contributions do not always grab the attention when competing against others in that excellent series, on their own they are a powerful source of reflective material that, in its own right, provides a stimulus to meditation and study. Divided into seven chapters, and inspired by prayers and by the institution of the Sabbath, this is a collection worthy of serious consideration and meditation.

*My People's Prayer Book*, vol. 8, maintains the extraordinarily high standard of a series that has never wavered since its first volume. The format is the same, the introductory essays as excellent as ever, and the section on the Kabbalists of Safed is absolutely fascinating.

Rabbi Dr Charles H Middleburgh